

digging for a deeper purpose

JOURNALING WORKSHEET

Complete this worksheet to help you discover more about yourself and your deeper purpose in life!

What makes you smile with great joy?

If you had an entire day to do whatever you wanted, what would you do?

What brings you a sense of accomplishment and satisfaction?

Where or with whom do you feel most comfortable?

If you already had financial freedom, what would you choose to do?

What do you feel most natural or comfortable doing?

When/where/in what situation do you feel most proud of yourself?

Who or what do you feel most connected to?
