

1

First, Designate Spots For 3 Piles

Make piles for 1) donate or sell, 2) recycle or throw away and 3) things to keep.

2

Make Sure Everything Is Visible

Pull out everything so you can see all of it and know how much you have.

3

Think: What Do You Wear Most?

If you haven't worn it for months, then most likely you won't and it needs to go.

SPRING CLEAN YOUR CLOSETS

to be purposeful about what you keep

Since we are well into spring, and summer is on its way, that makes it a great time to go through your wardrobe! This includes your closet, dresser or wherever else you keep clothes, shoes and accessories. Weed out any clutter and cultivate a clean and tidy space this season!

4

Remember To Be Realistic!

If something is difficult to clean or maintain or doesn't fit, do you really need it?

5

Put Things Back Your Way

After purging and organizing, put things back in a way that makes sense for you!

6

Find Ways To Make It Fun

Turn on your favorite playlist, open the windows, get a friend or reward yourself.