

HOMEMADE PROTEIN FUDGESICLES



- 1 15 ounce can full-fat coconut milk
- 1/3 cup dark chocolate chips
- 2 scoops chocolate life shake or Collagen-9
- 1 teaspoon vanilla extract
- 1/4 cup maple syrup

1. Add coconut milk and chocolate to a medium pot. Heat over medium heat and whisk together occasionally until the chocolate is fully melted.

2. Add remainder of the ingredients and whisk until fully combined.

3. Pour into popsicle molds and let freeze over night.